President's Special Project Higher Ground

Marcia Williams, Chairman PO Box 405 Remsen NY 13438-0405 Cell Phone 315-725-6582



Email: mmmckinney24@aol.com

Higher Ground is a 501(c) 3. Their tax ID number is 82-0512146. Their Mission is to enhance quality of life through therapeutic recreation and education. Higher Ground has a location in Buffalo NY.

They serve children and adults with Developmental, Cognitive, or Physical Disabilities.

For over 20 years they have been helping give people a better life with recreation therapy and continued support. They bridge the gap between disabilities and belongings with headquarters in Sun Valley ID. They help transform lives across the country with outdoor recreation activities with therapeutic processes to help all participants confront current struggles and develop skills to find success in daily life.

Higher Ground sponsors are those individuals or companies who donate good services or financial resources to support their programming and fundraising efforts. Each of these generous sponsors help ensure they continue making an impact on their participants lives. 26% of adults and 17% of children live with some type of disability. People with disabilities have less access to recreation opportunities and a harder time finding equipment that will work for them. Of the over 21 million veterans who live in the US -one in three suffer from depression, anxiety, PTSD, and other invisible injuries.

HG covers all program-related costs for the Veteran and their supporters, including reimbursement for travel costs. Services covered during the weeklong program are exercise and fitness, specialized therapy, recreation, support network and one on one support.

We will be selling T-shirts, Polo Shirts, Hoodies, and Ball Caps with pre-orders that can be picked up at the Fall Conference. We will also have them for sale at the conclusion of the Dept Convention in Albany in June.

FALL CONFERENCE AND SPRING CONFERENCE: We will be accepting donations to help assist the activities they provide for the Veterans. Some of the activities they offer to the Veterans -Hiking, Rock Climbing, Paddling, Golf, Bocce, Fitness, Dances, Cooking, Arts and Crafts, Archery, Snowboarding, Snowshoes, Yoga, Tennis, and Soccer to name a few.

For more information you can visit their website: highergroundusa.org/NY/